



## Town of Southold

# Recreation Programs & Activities

# Fall 2016



### DO AS YOU PLEASE BUS TRIP

A coach bus has been arranged to transport you to New York City. The day is yours to do as you please, whether it's seeing the holiday sights, dining out, shopping, or taking in a Broadway play. There will be five drop-off points and one pick up spot.

WEDNESDAY, DECEMBER 7

**DEPART:** 8:00 a.m.  
Southold Town Recreation Center

**COST:**

**RESIDENTS:** \$27/person

**NON-RESIDENTS:** \$32/person

**RETURN:** Bus leaves NYC @ 6:00 p.m.

**DROP OFF POINTS:** 37th Street & Third Avenue  
42nd Street & Fifth Avenue  
46th Street & Sixth Avenue  
The Metropolitan Museum of Art  
American Museum of Natural History

**PICK UP POINT:** The NY Public Library (6:00 p.m.)  
42nd Street & 5th Avenue

*Registration must be made by Friday, October 28*

## ROCKETTES

### RADIO CITY CHRISTMAS SPECTACULAR/DO AS YOU PLEASE BUS TRIP

There is no better place to be this holiday than at the Radio City Christmas Spectacular. It is a one-of-a-kind celebration for sharing with family, friends, and loved ones. The radiant Radio City Music Hall is decked out for the season and the Rockettes shine like never before in a breathtaking new number that transforms the stage into a glistening winter wonderland! Share the joy with Santa, the Nutcracker, and the unforgettable Living Nativity.

Additionally, we have allotted enough time for you to dine out, shop, see the sights, or do as you please prior to the 5:00 p.m. start of the show.

**DATE:** TUESDAY, DECEMBER 13

**COST:**

**RESIDENTS:** \$86/person (Bus, & Orchestra/1st mezzanine seats)

**NON-RESIDENTS:** \$96/person

**DEPART:** 11:00 a.m. from  
Southold Recreation Center

**DROP OFF POINTS:** 42nd Street & Sixth Avenue  
46th Street & Sixth Avenue  
Radio City Music Hall

**SHOWTIME:** 5:00 p.m.

**RETURN:** Bus leaves New York City at  
approximately 7:00 p.m.  
(Immediately after the show)

*EARLY REGISTRATION IS STRONGLY RECOMMENDED!*

### REGISTRATION BEGINS AUGUST 11

See Back Page for  
Online Registration Instructions

### STOCKS, BONDS & ALL THAT OTHER STUFF

with Joseph G. Chisholm

Haven't the slightest clue how to prepare for retirement, or even manage your personal finances? Our instructor will help you sharpen your investing skills and pick up new ones. Whether you are a novice, an experienced investor, or somewhere in between, our instructor will help you make sound investing decisions with knowledge. You will leave this program with an education in personal finance and investment. And you will have provided yourself with the confidence and peace of mind you'll need to make your own investment decisions. Mr. Chisholm has spent most of his 40 year Wall Street career with Salomon Brothers and Hutzler.

MONDAY, SEPTEMBER 26  
7:00 - 8:30 P.M.

**COST:**

**RESIDENTS:** \$12.00/person

**NON-RESIDENTS:** \$15.00/person

**MATERIAL FEE:** \$3.00/person

**LOCATION:** Peconic Lane Community Center

*\*Registration must be made by Monday, September 12*

### INTRODUCTION TO PICKLEBALL

with Nick Cordone, Ambassador, USA  
Pickleball Association

The exciting and fun game of pickleball is one of the fastest growing sports in America! Pickleball is a great way to socialize, while reaping the many benefits of exercise. Although pickleball appears similar to tennis, it is played on a smaller court with a slower moving plastic ball. Those key differences make pickleball easier to play than tennis for a wide range of players, especially seniors. This program is designed for true beginners or people looking to see what the sport has to offer. Paddles and balls will be provided. Although this class is geared toward seniors, adults ages 21 and over are welcome to participate.

SEPTEMBER 8, 15, & 22  
THURSDAYS, 6:00 - 8:00 P.M.

**COST:**

**RESIDENTS:** \$25/person/session

**NON-RESIDENTS:** \$30/person/session

**LOCATION:** Cochran Park, Peconic

*Class size is limited, early registration is strongly recommended.*

### REIKI CERTIFICATION – LEVEL 1

with Christina McCoy

NEW!

Established in Japan in the early 1920's, Reiki is a system of healing touch based on ancient traditions from all over the world that provides stress reduction, relaxation, and promotes healing on the physical, mental, emotional, and spiritual levels. In this class, participants will receive the foundation training and attunements necessary for Level 1 certification into the *Usui System of Natural Healing*. You will be introduced to the history, philosophy, principles, and techniques of Reiki. Participants will also be given an overview of the body's energy anatomy, and begin channeling Reiki for yourself and others. Reiki manuals will be available for purchase in class, or may be downloaded or purchased online.

SEPTEMBER 12 – OCTOBER 24  
MONDAYS, 7:30 – 9:00 P.M.

**COST:**

**RESIDENTS:** \$120.00/person

**NON-RESIDENTS:** \$130.00/person

**LOCATION:** Peconic Lane Community Center

*Program will not be held on October 10*

### Basic Tips & Tricks WINDOWS 10

with Barry Latney, Microsoft Certified  
Professional

NEW!

This course will provide a basic introduction to Microsoft's newest operating system, known as Windows 10. Participants will learn how to personalize your PC, install apps, connect to and use the internet to explore and search. Windows 10 is here to stay so why not learn to have fun with your PC again in a relaxed atmosphere. *Participants should bring their laptops, tablets, or smartphones to class with them.*

SEPTEMBER 7 – OCTOBER 26  
WEDNESDAYS, 6:30 – 8:30 P.M.

**COST:**

**RESIDENTS:** \$77/person

**NON-RESIDENTS:** \$87/person

**LOCATION:** Peconic Lane Community Center

### MOVIE NIGHT IN THE PARK

sponsored by The Southold Town Youth Bureau

All are welcome to attend this **free** event. We are pleased to be able to show the movie "Despicable Me" at Tasker Park on Peconic Lane in Peconic. Bring chairs & blankets for a special evening of family fun. The movie will begin at sundown.

SATURDAY, AUGUST 20  
FREE POPCORN!

The Southold Town Board would like to thank the New York Organ Donor Network for their generous contribution to help underwrite this event.

# Bodies in Motion-Sports, Fitness & More

## CLASSIC BODY SCULPTING/ AEROBICS

*with Martha Eagle*

Start getting in shape with a stronger, healthier, leaner body! This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All ages and exercise levels are welcome to join!

**Participants must be 16 years of age and over.**

SEPTEMBER 26 – DECEMBER 21  
MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.  
COST:  
RESIDENTS: \$45/person  
NON-RESIDENTS: \$55/person  
LOCATION: Southold Town Recreation Center

*Class will not meet on October 10 & November 23*

## PILATES, YOGA, AND POWER STRETCHING

*with Martha Eagle*

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

**Participants must be 16 years of age and over.**

SEPTEMBER 20 – DECEMBER 20  
TUESDAYS & FRIDAYS, 7:45 - 8:45 A.M.  
COST:  
RESIDENTS: \$50/person  
NON-RESIDENTS: \$60/person  
LOCATION: Southold Town Recreation Center

*Class will not be held on November 4, 8, 11, & 25*

## TAI CHI AND QI GONG

*with Denise Gillies*

This program is for people ages 14 and over. Live happy and be well. Reduce stress, activate self-healing properties, improve balance, flexibility and mental focus through this mind, body and spirit practice. Through this ancient form of Chinese exercise and meditation, you will learn simple fluid movements, deep breathing rhythms and visualization techniques to create inner energy and peace. This program is beneficial to all ages and levels of physical fitness. Participants are asked to wear comfortable clothing and bring a yoga mat to the program.

SESSION A: SEPTEMBER 15 – NOVEMBER 3  
THURSDAYS, 6:00 - 7:00 P.M.  
  
SESSION B: SEPTEMBER 15 – NOVEMBER 3  
THURSDAYS, 7:15 - 8:15 P.M.  
COST:  
RESIDENTS: \$45/person/session  
NON-RESIDENTS: \$55/person/session  
LOCATION: Peconic Lane Community Center

## CHAIR YOGA – SEATED AND STANDING POSES ONLY

*with Rosemary Martilotta*

All are welcome to attend this new class. The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

SEPTEMBER 12 – NOVEMBER 7  
MONDAYS, 10:30 - 11:30 A.M.  
COST:  
RESIDENTS: \$40/person  
NON-RESIDENTS: \$50/person  
LOCATION: Southold Town Recreation Center

*Class will not be held on October 10*

## HATHA YOGA

*with Rosemary Martilotta*

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of well-being is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

SESSION A:  
SEPTEMBER 12 – NOVEMBER 7  
MONDAYS, 7:30 - 8:45 A.M.  
  
SESSION B:  
SEPTEMBER 12 – NOVEMBER 7  
MONDAYS, 9:00 - 10:15 A.M.  
COST:  
RESIDENTS: \$45/person/session  
NON-RESIDENTS: \$55/person/session  
LOCATION: Peconic Lane Community Center Auditorium

*Classes will not be held on October 10*

## WEIGHT TRAINING

*with Steve Smith*

This popular program is back after a hiatus and it's more popular than ever! Our instructor, affectionately known as Smitty, will help you reach your personal fitness goals to develop and strengthen your body. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

SEPTEMBER 12 – DECEMBER 15  
MONDAYS, WEDNESDAYS, & THURSDAYS  
7:00 - 8:30 P.M.  
COST:  
RESIDENTS: \$95/person  
NON-RESIDENTS: \$105/person  
LOCATION: Southold High School Weight Room  
*Class will not be held on October 3, 10, 12 & November 23 & 24*

## THE CIRCUIT BASED WORKOUT

*with Laurie Short*

This is 'FIT CAMP', where the focus is on form, function and technique using various functional training 'toys'. This group training session uses a circuit format of 24 stations with intervals of 30 seconds of effort followed by 10 seconds of rest. Stations consist of (a) movement drills using agility ladders, cones, jump ropes, hula hoops, steps and agility rings AND (b) muscle endurance drills using medicine balls, tubing, stability balls and weighted bars. Class starts with a 10 minute warm-up followed by 15 minutes of strength exercises. The 30 minute circuit follows that and we conclude with 5 minutes of stretching. Train at your own pace (no repetition counts!) ... suitable for all fitness levels and ages. **Requirements:** One pair of 5, 6, 7 or 8 pound dumbbells, a water bottle, towel and mat. Cross training shoes are most preferable since running shoes do not provide stability for lateral movements...Dress to sweat!!! A materials/equipment fee of \$20.00 will be collected at the first class. Future participation in this program will require an additional \$20.00 fee once each year from your initial date of enrollment.

SEPTEMBER 12 – DECEMBER 15  
MONDAYS & THURSDAYS, 7:00 – 8:05 P.M.  
COST:  
RESIDENTS: \$50/person  
NON-RESIDENTS: \$60/person  
MATERIALS FEE: \$20/person (bring to first class)  
LOCATION: Greenport High School Cafeteria/Gym

*Class will not be held on October 3, 10, & November 24  
The school may also require additional cancellations.*

## DROP SET STRENGTH TRAINING, MAT COREWORK AND RELAXATION

*with Laurie Short*

Rev your metabolism in half the time of traditional workouts. Research shows that this type of training is one of the most effective and speediest of routines. You'll gain lean muscle tissue enabling you to lose inches and firm up fast. The Drop Set technique calls for only 2 sets of each exercise [9 total exercises in about 25 minutes] with very short rest periods. You start with a weight you can lift only for 10 – 12 reps. Then immediately drop down [by 25-30%] to a lighter set of weights and complete no more than 12 reps for your second set. Part II of class time [@35 minutes] is focused on mat corework and stretching/relaxation. Please bring a water bottle, towel and mat. **Requirements:** these sets of dumbbells; Bring 1 pair EACH of 8, 5, & 2 pounds **OR**...1 pair EACH of 7, 5, & 3 pounds. An additional pair of one pound wrist weights is encouraged.

SEPTEMBER 12 – DECEMBER 15  
MONDAYS & THURSDAYS, 8:15 – 9:15 P.M.  
COST:  
RESIDENTS: \$50/person  
NON-RESIDENTS: \$60/person  
LOCATION: Greenport High School Cafeteria/Gym

*Class will not be held on October 3, 10, & November 24  
The school may also require additional cancellations.*

# GOLF FITNESS

with Jeff Edward Poplarski, D.C., LLC

Dr. Jeffrey Poplarski will be offering an 8-week Titleist Performance Golf Fitness Screening to enhance your golf game. The TPI certified instructor will screen each participant individually to determine swing faults, addressing posture, lower and upper body mobility and stability, balance and power. This program will target golf swing analysis and golf body mechanics. The first class will consist of an evaluation of swing and body imbalances. The remainder of the program will address any faults that are noticed. Dr. Jeff does not believe there is one way to swing a club; he believes there are an infinite number of ways to swing a club. But he does believe that there is one efficient way for all golfers to swing a club and it is based on what you can do physically.

Dr. Jeff is the Wellness Director for the U.S. Open Golf Championships, Titleist Performance Golf Fitness Instructor, Medical Professional, Junior Coach, Golf Coach, and a “First Swing” golf instructor for the Eastern Amputee Golf Association.

SEPTEMBER 11 – NOVEMBER 6  
SUNDAYS, 8:45 – 10:00 A.M.

COST:  
RESIDENTS: \$65/person  
NON-RESIDENTS: \$75/person  
LOCATION: Southold Town Recreation Center  
*Class will not be held on October 9*

REGISTRATION  
BEGINS  
AUGUST 11

# TENNIS LESSONS

with Kate McDowell

Tennis lessons for children 8 and older as well as adults offer all abilities a chance to learn the game and improve their skills. Students must provide their own racket and wear appropriate footwear.

When registering, please remember to indicate session preference by providing letter and number (i.e. A-1)

SESSION A:  
WEDNESDAYS, SEPTEMBER 7 – OCTOBER 26

A-1. ADULTS: 6:45 - 7:35 p.m.  
(Adults ages 18 and over)

SESSION B:  
SATURDAYS, SEPTEMBER 10 – OCTOBER 29

B-1. YOUTH: 9:00 - 9:50 a.m.  
(Ages 13 - 17)

B-2. BEGINNER: 10:00 - 10:50 a.m.  
(Youth ages 8-12)

B-3. BEGINNER +: 11:00 - 11:50 a.m.  
(Youth ages 8-12 with some experience)

B-4. ADULTS: 12:00 - 12:50 p.m.  
(Ages 18 and over)

COST:  
RESIDENTS: \$40/person  
NON-RESIDENTS: \$45/person  
LOCATION: Tasker Park Tennis Courts,  
Peconic Lane, Peconic

# BALLROOM DANCING


with Alfonso from Touch Dancing TV Show

Learn all the right moves whether you are a beginner, intermediate or advance dancer by focusing on how to Lead & Follow. Smooth-Latin-Disco dances will be covered. Class is open to dancers of all ages. Partners not required. *With our new format, there will be one hour of instruction followed by ½ hour of supervised practice.*

SEPTEMBER 12 – NOVEMBER 7  
MONDAYS, 7:00 - 8:30 P.M.

COST:  
RESIDENTS: \$70/person  
NON-RESIDENTS: \$80/person  
LOCATION: Southold Town Recreation Center

*Program will not be held on September 26,  
October 10 & 24*



## DOG OBEDIENCE

with North Fork School for Dogs


Join North Fork School for Dogs in teaching your dog basic obedience cues like Sit, Loose Leash Walking, Leave it, Come, Down and Stay. This course is a great continuation of the AKC Puppy STAR class or for those who are introducing their dogs to obedience for the first time. Dog behavior and common behavioral problems will also be discussed and introduced in a fun, informative way. All family members are encouraged to attend; however; one handler will be asked to work with the dog per class. For dogs 6 months and older..

SEPTEMBER 7 – OCTOBER 19  
WEDNESDAYS, 6:45 - 8:00 P.M.

COST:  
RESIDENTS: \$80/dog  
NON-RESIDENTS: \$90/dog  
LOCATION: Southold Town Recreation Center

1ST CLASS SESSION (9/7):  
OWNERS ONLY - NO DOGS PLEASE!  
All dogs must be 6 months or older and up to date on all vaccinations

## ADOPT YOUR NEXT PET!



If you are ready to adopt your next furry friend, be sure to check out the residents at the North Fork Welfare League in Southold’s Animal Shelter just off Peconic Lane in Peconic, behind the Police Station. They have dogs, cats, and even sometimes adorable rabbits.

Check out the NFAWL’s website at southold.nfawl.org or call 631-765-1811

## DOG PARK

At the Southold Town Recreation Center

Need a safe place to let your dog stretch its legs? Visit the Southold Town Dog Park, located behind the Recreation Center on Peconic Lane in Peconic. The Dog Park provides a safe area for pet owners to bring their dogs for off leash play, exercise and socialization with other dogs. Small dogs have their own area, allowing pet parents to keep them separate from larger dogs. Dispensers for waste removal are provided at the park. All dogs that use this facility must be legally licensed and up to date on all vaccinations.

# BEGINNER/INTERMEDIATE GOLF LESSONS

at Island’s Golf & Country Club

Golfers ages 14 and over are welcome to participate in this five week program. Learn the fundamentals and develop good habits at the Island’s End Golf and Country Club in Greenport. Local PGA golf professionals will teach group lessons.

WEDNESDAYS, 5:00 - 6:00 P.M.  
SEPTEMBER 7 – OCTOBER 5

COST:  
RESIDENTS: \$110.00/person  
NON-RESIDENTS: \$120.00/person

LOCATION: Island’s End Golf and  
Country Club

*In the event of inclement weather, please call the club at 477-0777 or visit their website: www.islandsendgolf.com.*

## DOG OBEDIENCE CANINE GOOD CITIZEN/PRE-THERAPY

with North Fork School For Dogs

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put “to the test” with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog!

Dogs must be over 6 months old. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. All dogs must be “dog friendly” in order to attend this program.

SEPTEMBER 11 – OCTOBER 30  
SUNDAYS, 12:00 1:15 P.M.  
FIRST CLASS (9/11) OWNERS ONLY

COST:  
RESIDENTS: \$100.00/dog  
NON-RESIDENTS: \$110.00/dog  
LOCATION: Southold Town Recreation Center

Class will not be held on October 9

## AMERICAN KENNEL CLUB S.T.A.R. PUPPY PROGRAM

(UP TO 6 MONTHS OLD)  
with North Fork School For Dogs

Get your dog off to the right start with basic training and socialization. Positive training methods will teach attention, sit, down, take it, drop it, leave it, polite leash and come. Fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome.

Socialization Training Activity Responsibility

SEPTEMBER 11 – OCTOBER 30  
SUNDAYS, 10:30 - 11:45 A.M.  
FIRST CLASS (9/11) OWNERS ONLY

COST:  
RESIDENTS: \$80.00/dog  
NON-RESIDENTS: \$90.00/dog  
LOCATION: Southold Town Recreation Center

Class will not be held on October 9

# Arts & Crafts, Fun & Games, Self-Improvement

## CANNING ROASTED TOMATOES

with Barbara Terranova

Ever wonder how REAL tomato sauce tastes? This is your chance to make, taste, & keep homemade tomato sauce through those long winter months. Delicious for the whole family. Jars make great gifts, along with a bottle of wine and purchased pasta for a nice touch when you need a gift for someone's birthday, party, or holiday. Please bring a 1 pint Ball canning jar with a lid and a ring. This canning jar can be purchased from the instructor the night of the class for \$4.00. Participants are encouraged to bring an apron as well. Class is open to ages 15 and over.

**NEW!**

**SEPTEMBER 22**  
**THURSDAY, 6:30 – 9:00 P.M.**

**COST:**  
**RESIDENTS:** \$20.00/person  
**NON-RESIDENTS:** \$25.00/person  
**MATERIALS FEE:** \$5.00/person **LOCATION:**  
Southold Recreation Center

## HERBS FOR HEALTH AND NUTRITION

with Heather Cusack

Students will learn the many uses and benefits of common herbs for food and medicine. We will harvest from the summer herb garden. We will prepare teas, tinctures, and salves from the herbs and other natural ingredients. Additional topics covered will include the benefits of cooking with herbs; a basic understanding of how to prepare herbs and incorporate them into your favorite foods; understand the benefits of growing herbs at home and how to plan your first herb garden; knowing how to select the right herbs, the best containers, the ideal fertilizer and the best amount of water to help your container herb garden thrive; when to harvest your herbs and how to dry them for storage; and many other pertinent topics.

**SEPTEMBER 14 – OCTOBER 19**  
**WEDNESDAYS, 5:00 – 6:00 P.M.**

**COST:**  
**RESIDENTS:** \$38/person  
**NON-RESIDENTS:** \$48/person  
**MATERIALS FEE:** \$10/person (Bring to first class)  
**LOCATION:** Peconic Lane Community Center

## WHO I AM: A MEMOIR WRITING WORKSHOP

with Sara Bloom

Memoir writing takes you on an instructive journey into your own past, revealing the unique experiences that define you. Along the way, you'll learn some of the basic elements of good writing, and you will see how to apply these techniques to enliven your work. Isn't it time to tell your story, to reflect on who you are, and to have fun doing it? Your children, grandchildren, and future generations of your family will treasure this written inheritance.

**SESSION A: TUESDAYS, 10:15 A.M. - 12:15 P.M.**  
**SEPTEMBER 20, OCTOBER 4 & 18,**  
**NOVEMBER 1, 15, & 29**

**SESSION B: WEDNESDAYS, 10:00 A.M. - 12 P.M.**  
**SEPTEMBER 21, OCTOBER 5 & 19**  
**NOVEMBER 2, 16, & 30**

**COST:**  
**RESIDENTS:** \$40/person  
**NON-RESIDENTS:** \$50/person  
**LOCATION:** Peconic Lane Community Center

Make Your Own

## PLASTIC GROCERY BAG HOLDER

with Barbara Terranova

If you're like most people, then you probably have a closet, cabinet, or a drawer filled with old plastic grocery bags that you use for a wide variety of purposes. It looks ugly and wastes valuable space. Even worse, these bags may wind up getting thrown in the garbage or wind up in our local waters. A plastic grocery bag holder is an attractive alternative to that. It is easy to make, useful, and can be used as a gift or a stocking stuffer. Class is open to ages 15 and over. Participants should have basic sewing skills. Supplies needed are as follows: 1 fat quarter or 18" X 22" piece of fabric (1/2 yard of 44" fabric makes 2 holders); 1 shoelace; 1 8" piece of 1/4" elastic; thread.

**SEPTEMBER 27**  
**TUESDAY, 6:45 – 8:45 P.M.**

**COST:**  
**RESIDENTS:** \$15.00/person  
**NON-RESIDENTS:** \$20.00/person  
**LOCATION:** Southold Recreation Center

For Adults

## BEGINNER/INTERMEDIATE GUITAR LESSONS

with Tom Boucher

This beginner course will teach the fundamentals of guitar playing. Students will learn how to tune a guitar, read basic musical notation, simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

**SESSION B AGES 16 AND OLDER**  
**SEPTEMBER 7 – OCTOBER 26**  
**WEDNESDAYS, 8:00 – 9:00 P.M.**

**COST:**  
**RESIDENTS:** \$55/person  
**NON-RESIDENTS:** \$65/person  
**LOCATION:** Southold Town Recreation Center

## CREATIVE SKETCHING

*An Informal Approach to Drawing for Pleasure*  
with Lois Levy

Are you thirsty for a new way to observe the world through sketching in a creative way? Are you hungry to take your casual doodling from mindless to masterful? Then this is the class for you!

In a relaxed and supportive atmosphere we will explore various themes in a creative approach such as visual texture, development of shape and form consciousness, line and wash techniques, your personal artistic signature of mark making, quick sketching techniques, and the skills of seeing vs. knowing your subject among others. We will develop these themes using various mediums such as ink pens, pencils, charcoal, paint and brush as a sketching tool as well as learn to creatively combine them in our sketches.

This class is ideal for journal sketchers, artists looking to improve upon or acquire new skills as well as anyone with a desire to sketch as a creative hobby and pastime. All levels are welcome. Participants must be 16 years of age or older.

**OCTOBER 8 – 29**  
**SATURDAYS, 9:30 A.M. – 12:30 P.M.**

**COST:**  
**RESIDENTS:** \$62.00/person  
**NON-RESIDENTS:** \$72.00/person  
**LOCATION:** Peconic Lane Community Center

Be Ready for that Special Occasion!

## CREATE YOUR OWN GREETING CARDS

with Lisa Tettelbach

Have you ever been crazed by the price of a greeting card? Did you know you could make a homemade card with just a few basic supplies? Everyone has a creative side, so come see how easy it is. We will focus on one unique card making technique to create two, ready to send personalized greeting cards. Each is a work of art that will be adored by whoever receives them. It's a great feeling to have that special card ready and in hand when you actually need one. Card stock, inks, rubber stamps and embellishments will be supplied. Stamping is fun and a great reason to get together with friends. Come make some new ones.

**WEDNESDAY, OCTOBER 19**  
**6:30 - 8:00 P.M.**

**COST:**  
**RESIDENTS:** \$8/person  
**NON-RESIDENTS:** \$10/person  
**MATERIALS FEE:** \$3/person (bring to class)  
**LOCATION:** Peconic Lane Community Center

## ARE YOU FINANCIALLY LITERATE? AN INTRODUCTION

with Linda Eckert

Our instructor will provide you with basic information about money issues that most women encounter at some point in their lives. Some of the topics we'll cover are the basics of investing, the use of credit, credit reports, smart money borrowing, fraud/identity theft, finding financial resources on the "Net", retirement issues and buying/leasing an auto. Time will be also be set aside to discuss other issues that are of interest to members of the class. Participants are asked to please bring a notebook to class with them. While this course is geared toward women, all are welcome to attend.

**SEPTEMBER 8 – OCTOBER 20**  
**THURSDAYS, 7:00 - 8:30 P.M.**

**COST:**  
**RESIDENTS:** \$52/person  
**NON-RESIDENTS:** \$62/person  
**MATERIALS FEE:** \$5/person  
**LOCATION:** Peconic Lane Community Center

## WATERCOLOR CLASS

with Linda Nemeth

Discover the fun of experimenting with watercolors in this six-week class for beginners who have never held a brush in their hands and for intermediate students who have had some exposure to the medium. Emphasis will be on learning to play with and explore light, color, value, texture, and how to create various techniques while releasing the creative side of you. Throughout this course, our instructor will create a supportive, relaxed and enjoyable atmosphere through demonstrations and individual instruction. Students will be provided with a list of materials needed when registering for this course.

**OCTOBER 17 – NOVEMBER 21**  
**MONDAYS, 7:00 - 8:30 P.M.**

**COST:**  
**RESIDENTS:** \$50/person  
**NON-RESIDENTS:** \$60/person  
**LOCATION:** Mattituck High School

Film, Digital SLRs, & Smartphones

## PHOTOGRAPHY BASICS FOR ALL CAMERAS

With Judy McCleery of the Light Painters Learning Center



Learn the basics of photography – with any camera or device, from capturing the best image to sharing it online or printing offline. This 4-week program will cover general photography rules; how to use your camera or device; downloading, organizing and editing; uploading to online galleries, Flickr, Facebook, Instagram, and Pinterest and finally preparing the finished photo for printing and creating photo art. This program is just right for the beginner photographer or the amateur who just needs a better understanding of the photographic process. Classes will be conducted in a lecture/lab style where students may practice newly learned techniques with the instructor present for guidance. Editing and processing will be done with a free trial version of Lightroom.

SEPTEMBER 15 – OCTOBER 6  
THURSDAYS 6:00 PM TO 8:00 PM

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**LOCATION:** Peconic Lane Community Center

## PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art-no matter what medium you prefer - watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. Registration is not required for this free program.

TUESDAYS  
1:30 - 3:30 PM

For further information, please contact Roberta Hering at 765-1659 or Carol Brewer at 734-7873.

## YOU BETCHA CAN SING

with Jennifer Kane

Did you always want to sing but thought you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun while exploring their creativity and vocal potential. Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness. The program will conclude with a performance by participants. *This class is open to adults ages 18 and over.*

SEPTEMBER 13 – NOVEMBER 1  
TUESDAYS, 7:00 - 8:30 P.M.

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Peconic Lane Community Center

## PAPER SHREDDING

SATURDAY, SEPTEMBER 17  
9:00 A.M. – 1:00 P.M.

The Southold Town Solid Waste Department will provide paper shredding services for residents. Reservations apply. Contact the Transfer Station for more information at 631-734-7685

## REGISTRATION BEGINS AUGUST 11

Beautiful Photos in a Few Simple Steps

## PHOTO EDITING WITH LIGHTROOM

With Judy McCleery of the  
Light Painters Learning Center



Learn how to get the best from every image with this single program. Lightroom makes everything about digital and smartphone photography easier and faster. Perfect your shots with powerfully simple adjustments and a full range of advanced controls. Easily find and organize all your photos. Quickly share your favorites on social networks, or showcase them in elegant photo books and web galleries. Beginners will learn the ropes and users with some knowledge of Lightroom will learn best practices for an efficient workflow.

Class will be presented in a demonstration and workshop format. Students may follow along with their own laptop or mobile device with a trial version of Lightroom. Download instructions will be provided upon registration.

OCTOBER 20 – NOVEMBER 17  
THURSDAYS, 6:00 – 8:00 P.M.

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**LOCATION:** Peconic Lane Community Center

# Children & Teen Programs

## CHILDREN'S THEATRE

with Hannah Gray

This program aims to provide students aged 8 through 13 with lifelong communication skills, a well-rounded knowledge of the expressive arts through traditional actor training and performance art, music and dance. There will be a significant emphasis on listening, evaluation, characterization, monologue, improvisation, dance, music, prop and set development. The traditional theatre, music and dance history will be introduced as the basis for culture and communication. Program will culminate in a performance for family members and friends.

SEPTEMBER 17 – NOVEMBER 12  
SATURDAYS, 8:30 – 11:00 A.M.

**COST:**  
**RESIDENTS:** \$60/person  
**NON-RESIDENTS:** \$70/person  
**MATERIALS FEE:** \$25/person  
**LOCATION:** Peconic Lane Community Center

For Youth Ages 8 -15

## BEGINNER/INTERMEDIATE GUITAR LESSONS

with Tom Boucher

This beginner course will teach the fundamentals of guitar playing. Students will learn how to tune a guitar, read basic musical notation, simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

SESSION A YOUTH AGES 8 - 15  
SEPTEMBER 7 – OCTOBER 26  
WEDNESDAYS, 6:45 – 7:45 P.M.

**COST:**  
**RESIDENTS:** \$55/person  
**NON-RESIDENTS:** \$65/person  
**LOCATION:** Southold Town Recreation Center

## PLEIN AIR PAINTING WORKSHOP – ADVENTURES

Capture the Essence of the True Light Found in Nature  
with Suzanne Fokine, MFA

This class is for anyone who wants to learn to paint outdoors. Instructions will be in oil but you may choose any medium you are most familiar with such as watercolor, pastels or acrylics. Class is open to absolute beginners or accomplished painters and any one in-between. Each class starts off with demonstrated lessons. Students sketch and paint with the guidance of the instructor throughout the class. Students are responsible for their own supplies. Topics covered include dealing with the elements of outdoors, chasing the light, composition, color, hue, value, tone, intensity, choosing and mixing colors, brushes, varnishes, and more. Participants must be 18 years of age or older. Program will be held at various locations throughout Class information and locations will be conveyed through e-mail.

**SESSION A:**  
**SEPTEMBER 9 – 23**  
**FRIDAYS, 10:30 A.M. – 1:30 P.M.**  
**RESIDENTS:** \$45/PERSON  
**NON-RESIDENTS:** \$55/PERSON

**SESSION B:**  
**SEPTEMBER 30 – OCTOBER 21**  
**FRIDAYS, 10:30 A.M. – 1:30 P.M.**  
**RESIDENTS:** \$60/PERSON  
**NON-RESIDENTS:** \$70/PERSON

**MATERIALS:** Supply list provided at registration  
**LOCATION:** Various locations throughout town

## ROYAL STORYTIME

Calling All Princes and Princesses  
with Kerri Zablotny



Beautiful princesses, brave knights, and far-away castles all make for an exciting storytime! Drop off your little prince or princess for an hour of literacy-rich activities with Ms. Kerri, a certified and experienced teacher. Children will build early literacy and social skills through royal-themed read alouds, games, and crafts. Children are welcome to wear their favorite prince/princess attire each class. Program is for children ages 3½ – 5 years old.

THURSDAYS, SEPTEMBER 22 – OCTOBER 27  
1:30 (drop-off) – 2:30 P.M. (pick-up)

**COST:**  
**RESIDENTS:** \$35.00/person  
**NON-RESIDENTS:** \$45.00/person  
**MATERIALS FEE:** \$5.00/person  
**LOCATION:** Peconic Lane Community Center

## BOYS AND GIRLS YOUTH BASKETBALL

with Bill Gatz, Jocelyn Suglia, Kevin Izzo & Ryan Wesnofske

This morning of basketball is being offered to Southold Town resident boys and girls ages 8-16. **Due to the popularity of this program, we are limiting the number of children per session and charging a nominal fee. PRE- REGISTRATION IS REQUIRED**

SATURDAYS SEPTEMBER 17 – DECEMBER 17  
SESSION A: AGES 8 – 12: 7:30 – 9:15 A.M.  
SESSION B: AGES 13 – 18: 9:15 – 11:00 A.M.

**COST:** \$15/person  
**REGISTRATION IS REQUIRED**  
**LOCATION:** Southold Elementary School Gym  
*Program will not meet October 8, November 12 & 26*

CPR COURSE

American Heart Association Basic Life Support for the Health Care Provider

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard. Please be advised that a lot of time is spent on the ground kneeling while practicing CPR, so participants may want to consider wearing comfortable clothing and bringing padding to the program.

SATURDAY, OCTOBER 15  
8:00 A.M. – 12 NOON

COST:  
RESIDENTS: \$60.00/person  
NON-RESIDENTS: \$70.00/person  
LOCATION: Southold Town Recreation Center

MOTOR VEHICLE INSURANCE & POINT REDUCTION COURSE

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record. The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test. Please bring your lunch, a refrigerator is provided for your convenience. Please bring a copy of your license to class as well.

SATURDAY, OCTOBER 29  
9:00 A.M. – 3:30 P.M.

COST:  
RESIDENTS: \$35/person  
NON-RESIDENTS: \$45/person  
LOCATION: Southold Town Recreation Center

Geared to Seniors but All Ages Welcome  
SMART DRIVER COURSE  
with Bernie Kettenbeil, R.N.

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, NYS laws, and traffic hazards. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is aimed at drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

THURSDAY, SEPTEMBER 15  
8:30 A.M. – 3:30 P.M.

Southold Town Recreation Center  
COST:  
AARP MEMBERS: \$20.00/person  
NON-MEMBERS: \$25.00/person  
SPECIAL PAYMENT INSTRUCTIONS:  
Each participant must pay with a separate check or money order payable to AARP. CASH OR CREDIT PAYMENTS ARE NOT ACCEPTED.

TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK

*(This is a partial list. Visit southoldtownny.gov and navigate to the Land Preservation Department to find a full list of the trails)*

MILL ROAD PRESERVE

The Mill Road Preserve is a 15 acre parcel with the trailhead located on Mill Road in Mattituck. The trail winds through 8 acres of grasslands and shrublands and then into 17 acres of mature woodlands.

LAUREL LAKE PRESERVE

Laurel Lake Preserve encompasses 495 acres of preserved land. The trailhead for the preserve is located on Route 25 in Laurel. The existing nature trail is 2.1 miles long, is marked with green arrows and wanders through mature woodlands, grasslands, shrublands, by vernal ponds, freshwater swamps and overlooks Laurel Lake.

DOWNS FARM PRESERVE

Downs Farm Preserve is a 51 acre wooded parcel that is the site of Fort Corchaug, a Native American fort, which is listed on the National Register of Historic Places. Downs Farm Preserve has a mile of passive recreation trails and

adjoins productive farmlands and the tidal wetlands of owns Creek.

GOLDSMITH INLET PARK

Goldsmith Inlet Park is a 35 acre parcel with a 1/2 mile trail leading to Long Island Sound, from the trailhead, which is located on Soundview Avenue. The mature woodlands, tidal wetlands, Goldsmith Inlet Pond and 1500 feet on Long Island Sound are great for bird watching.

CEDAR BEACH COUNTY PARK

Cedar Beach County Park is a 68 acre park with over 2,800 feet on Shelter Island Sound.

Additional Programs & Activities–All Ages

*The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.*

CAST PROGRAMS

**Community Action of Southold Town, Inc. (CAST)**  
CAST provides a safety net for residents in need in the areas of food, clothing, energy, health and education. Donations of all types are accepted all year. Volunteer opportunities are available. Monetary donations are always gratefully accepted as CAST is funded solely by the local community. For further information, please call CAST at 477-1717. Website: [www.castsoutholdtown.org](http://www.castsoutholdtown.org).

CUSTER INSTITUTE AND OBSERVATORY INC.

The Custer Institute and Observatory is Long Island's oldest public observatory (est.1927). Open to the public every Saturday evening from dark until midnight, our staff of volunteers will give you a tour of the facilities and the night sky through our powerful telescopes. Custer has frequent lectures, classes, concerts, art exhibits and other special events. For further information, please visit their website at [www.CusterObservatory.org](http://www.CusterObservatory.org).

LOCAL LIBRARY PROGRAMS

Cutchogue-New Suffolk Free Library: [www.cutchoguelibrary.org](http://www.cutchoguelibrary.org)  
Floyd Memorial Library: [floydmemoriallibrary.org](http://floydmemoriallibrary.org)  
Mattituck-Laurel Library: [www.mattlibrary.org](http://www.mattlibrary.org)  
Southold Free Library: [southoldlibrary.org](http://southoldlibrary.org)

ANNUAL MARITIME FESTIVAL

Greenport's East End Seaport Museum will be celebrating its 27th annual Maritime Festival on September 23, 24, and 25. For the past 26 years, the East End Seaport Museum and Marine Foundation has celebrated the nautical history of the east end of Long Island. Last year over 40,000 guests enjoyed this celebration in the historic Village of Greenport. For further information: [www.eastendmaritimefestival.org](http://www.eastendmaritimefestival.org); [festival@eastendseaport.org](mailto:festival@eastendseaport.org); 631-477-2100.

THE NORTH FORK COMMUNITY THEATRE

For performance schedule and audition/volunteer information, please visit their web site at: [www.nfct.com](http://www.nfct.com).

VISUALLY IMPAIRED PERSONS OF SOUTHOLD

Meet first Wednesday - Southold Town Recreation Center at 10:30 am. Call Steve Carroll at 631-875-1896 or Nancy May at 516- 238-9768.

NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; [www.northforkaudubon.org](http://www.northforkaudubon.org). Check out their Tuesdays with Tom Birdwatching Hikes.

BLOOD DRIVES

The Southold Fire Department will be hosting blood drives on Wednesday, August 17 & Wednesday, November 2 from 2:15 - 8:15 pm. at the firehouse, located on the Main Road in Southold, just east of Youngs Avenue. All donors will be treated to dinner after 5:00 p.m. To be a blood donor, you must be between the ages of 16-75 (16 year olds must have parental permission, ages 76 and over need a doctor's note), weigh at least 110 pounds, and be in good health. Appointments are not necessary. For more information, please contact Michael Zweig: [michaelzweig1942@gmail.com](mailto:michaelzweig1942@gmail.com).

SOUTHOLD MOTHERS' CLUB

SMC is open to all moms, caregivers and expectant moms with children ages 0-6. For more information or to join SMC please visit [www.southoldmothers.org](http://www.southoldmothers.org) or email [southoldmothersclub@gmail.com](mailto:southoldmothersclub@gmail.com).

GROUP FOR THE EAST END

The Group for the East End aims to protect and restore the environment of eastern Long Island through education, citizen action and professional advocacy. Come out and join us for a hike, paddle, or wildlife search to learn more about our beautiful East End. For further information, please visit our website at [GroupfortheEastEnd.org](http://GroupfortheEastEnd.org). To receive a brochure, please contact Jessica Kennelly at [jkennelly@eastendenvironment.org](mailto:jkennelly@eastendenvironment.org).

DEVELOPMENTAL DISABILITIES PROGRAM

with Lynne Richards

Southold Town's Program for the Disabled, sponsored in conjunction with the East End Disabled Benevolent Fund, Inc., serves any individual with a developmental, mental, or physical disability residing on the East End. This social and recreational program offers varied activities including: bowling, golf, monthly dances with desserts and music provided by a local DJ, day outings comprised of lunches at local restaurants, movies, shopping and special bus trips to New York City, etc. For more information regarding this program, please call Lynne Richards at 765-1551 or write to her at 185 Mechanic Street E., Southold, NY, 11971.

REGISTRATION BEGINS AUGUST 11

JUST FOR SENIORS

SENIOR EXERCISE

Come on down to the recreation center for some fun while exercising to music videos and tapes. There is no charge for this program.

FRIDAYS: 10:00 - 11:00 a.m. LOCATION: Southold Town Recreation Center

SOUTHOLD-PECONIC SENIOR CITIZENS CLUB

Needs a few good members

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members must bring their own lunch.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting.

Learn more from Paula Johnson (631-734-8039) or Donald Wagner (631-765-4934).

2ND & 4TH THURSDAYS; 10:45 A.M. SOUTHOLD RECREATION CENTER 970 PECONIC LANE, PECONIC

SENIOR WELLNESS EDUCATION SERIES

The Senior Wellness Education Series is presented on the first Friday of each month at the Southold Town Human Resource Center in Mattituck. It is a series of topics specially targeted for older adults. Phone: 631-298-4460; website: www.southoldtownny.gov.

SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, adult daycare, caregiver support, and much more. Call 631-298-4460 to learn more.

Funding sponsored by Southold Town, The Suffolk County Office for Aging, The New York State Office for Aging.



TOWN OF SOUTHOLD

Scott A. Russell, Supervisor Louisa P. Evans, Justice/Councilwoman William P. Ruland, Councilman Jill M. Doherty, Councilwoman James Dinizio, Jr., Councilman Robert Ghosio, Councilman

Elizabeth A. Neville, Town Clerk Vincent Orlando, Superintendent of Highways \*\*\*\*\*

Recreation Department: 631.765.5182 E-Mail: southoldrecreation@southoldtownny.gov web: www.southoldtownny.gov

TOWN DIRECTORY

Supervisor/Town Board	765-1889
Accounting	765-4333
Animal Shelter	765-1811
Assessors	765-1937
Bay Constable	765-2600
Building Department	765-1802
Code Enforcement	765-6620
Community Development/DPW	765-1283
Data Processing	765-1891
Department of Solid Waste/ Transfer Station	734-7685
Engineer	765-1560
Highway Department	765-3140
Human Services/Nutrition Center	298-4460
Justices/Justice Court	765-1852
Land Preservation Department	765-5711
Planning Board	765-1938
Police Department	765-2600
Receiver of Taxes	765-1803
Recreation Department	765-5182
Town Attorney	765-1939
Town Clerk	765-1800
Town Historian	765-1981
Town Trustees	765-1892
Youth Bureau	765-5806
Zoning Board of Appeals	765-1809

RECREATION DEPARTMENT POLICIES, TERMS AND CONDITIONS

REGISTRATION POLICY

Registrations are accepted on a first come, first served basis through three methods: remotely by the Online Recreation Portal, by mail with a check and properly completed registration form or in person at the Recreation Center with payment by cash, check or credit card and a properly completed registration form. Payment is required at time of registration. Early registrations will not be accepted. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check. Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

REFUND POLICY

Full refunds will be granted if a class or program is cancelled due to insufficient enrollment or is canceled by the Recreation Department and no cancellation fee will be assessed. Refunds will not be issued for trips, special events, or ticketed events unless your place can be filled by someone on a waiting list for said activity. In such an instance, a \$5 cancellation fee will be assessed.

A full refund will be issued if the registrant cancels their registration two or more weeks before a class or program, however, the \$5 cancellation fee will be assessed to the participant per class or program. No refunds will be issued if the request is made two weeks or less before the start of a class or program. No refunds will be granted after the class or program has started.

If your transaction was processed by credit card through the online registration portal, the service charge assessed will not be refunded, even if the program was cancelled.

Refunds that are requested as the result of a medical condition or injury that precludes the registrant from participating will be considered on a case by case basis and will require proof from a medical professional.

Any bounced checks will result in the Town charging a bounced check fee of \$20. All credit payments will be processed 1-2 business days after receiving a payment confirmation.

Credits to participate in future programs will not be issued for any reason. If you missed class or full program, and would like to take a similar program in the future, you will be required to register and pay in full. Refunds on payments made by cash or check will be issued approximately 2-4 weeks after the refund is authorized. Refunds on payments made by credit card will be credited back to the same credit card account used at the time of registration.

INCLEMENT WEATHER

In the event of inclement weather, program cancellations will be announced on WLNG Radio 92.1 FM, and posted on the Southold Town Website (www.southoldtownny.gov). If time permits, Recreation Department staff will attempt to notify you by email and/or phone message of any cancellations. There will also be a recorded message at the Recreation Department Office informing you of the status of the scheduled activities. Call the Recreation Department at 631-765-5182.

CHILDREN & PETS

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Pets are not permitted at Southold Town Facilities, except in areas specifically designated for them, such as the Dog Park or at classes specifically designated for them, such as dog obedience programs.

WAIVER:

All participants are required to accept the following waiver sign-off when registering themselves or their children/wards for a program. Upon authorizing your registration, you will be required to check off that you accept the waiver in order to complete your registration transaction.

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Household User Account Information Form

(This form must be completed to set-up a User Account BEFORE REGISTERING FOR A PROGRAM)  
Mail or bring to: Southold Recreation Department |970 Peconic Lane |P.O. Box 267 | Peconic, New York 11958  
(631) 765-5182 | southoldrecreation@southoldtownny.gov

Main Contact (check one):            ☐ Resident                            ☐ Non-Resident

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address (Street or PO Box) \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Main Phone Number: \_\_\_\_\_ Alt. Phone Number: \_\_\_\_\_

Date of Birth (required for security purposes): \_\_\_\_\_

Local Address (If different from Mailing Address)

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Other Household Members:

First Name	Last Name	Relationship to Main Contact	Date of Birth

THE NEW REGISTRATION PROCESS

The online registration portal is now live and will be used to process ALL program registrations. Therefore EVERYONE must activate a Household User Account in order to register for programs, even if you don’t have an email address or computer.

**Register with Email:**  
Using your email address to create a Household User Account will be the simplest, quickest and most convenient method to get started. You can do this from any computer with an Internet connection by visiting **www.southoldtownny.gov**. Through this method, your email address will become your account ID.

When you initially set-up a Household User Account through the email registration method, you should receive an email which asks you to confirm your registration. If you do not receive this email check your spam folder.

**No Email? No Problem!**  
As we stated above, use of your email will be best, but if you don’t have an email address, or prefer not to use it, you can register your Household User Account through the kiosk at the Southold Recreation Center. After the account is activated, you may register by mail with a payment by check, or you may register at the Recreation Center Office with the kiosk, using any form of payment you prefer (cash, check, credit card). Your Account ID will be assigned when you first activate it.

**Please note that you will not be able to use your home computer with a kiosk generated Household User Account.**

**Questions or Problems?** Contact the Recreation Department if you need help. The office is open Monday through Friday 8 am - 4 pm. Call 631-765-5182 or email southoldrecreation@southoldtownny.gov

STEP-BY-STEP INSTRUCTIONS

Set -up a Household User Account (this step only needs to be done ONCE)  
**Offline:** Complete the Household User Account Information Form (see above) and submit it with your Program Registration Form (see the right column).

- Online:**
1. Visit [www.southoldtownny.gov](http://www.southoldtownny.gov) to navigate to the online portal (lower right of the screen), enter your email address in the “New User” box and click “Register.” Complete the form, remembering to check the terms and conditions box and providing a password.
  2. Respond to the confirmation email that you should receive within 10 minutes of registering the account. (check your spam folder if you don’t receive it.)
  3. Login to the Household User Account and add any additional participants from your household. (Scroll to the bottom of the screen to find the “add new participant” button.)

Register For Programs  
(after setting up a Household User Account)  
**Offline:** Complete the registration form on the right and either mail it with a check payment or bring it to the Recreation Department with your cash, check or credit card payment. Please note that mailed registrations MUST be paid by check.

**Online:** Login to your Household User Account, navigate to the “Search Events” page and select the program you want to register for. Follow the on screen instructions and prompts to add the events to your shopping cart and process the transaction with a credit card payment.

**NOTE: Credit card transactions made online will be subject to a non-refundable processing fee of 2.45%.**

Program Registration Form (For Registrations Submitted by Mail or in Person)

Mail to or Bring to:  
Southold Recreation Department | 970 Peconic Lane |P.O. Box 267|Peconic, NY 11958  
(631) 765-5182 | southoldrecreation@southoldtownny.gov

**IMPORTANT! A User Account must be registered and activated for all participants prior to submitting registration. If you have not created a User Account, please complete the Household Account Information Form first.**

User Account Email Address or Account Number: \_\_\_\_\_

User Account’s Main Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

(please provide the best contact for this (these) registrants)

Program Participant’s First & Last Name	Program Name	Fee	Payment Method

**WAIVER:**  
*By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_